


|  | - Checks should be made payable to: ODAC Meets <br> - Mail payment to: Steve Bialorucki <br> 5165 Stratford Chase Drive <br> Virginia Beach, VA 23464 <br> Phone: (757) 474-1015 <br> - Payment must be received by Wednesday, November 26, 2014 for all entries. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. <br> - IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
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| AWARDS: | - Individual events: Ribbons will be awarded for first through sixth place in each event <br> - Awards will be given for each age group: 6 and under, 7 year olds and 8 year olds. |
| SEEDING: | - All events will be pre-seeded. <br> - Swimmers should report directly to the blocks for their events. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. <br> - Club may be fined $\$ 100$ for each offense, and a record of such offenses shall be kept and published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined $\$ 100$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | - The current USA Swimming Rules and Regulations will apply. <br> - Any swimmer entered in the meet must be certified by their coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <br> - The overhead start procedure may be used at the discretion of the Referee. <br> - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. <br> - Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. <br> - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <br> - Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director <br> - Coaches with expired or non-current credentials will be required to leave the deck area. |
| OFFICIALS: | Meet Referee: Janet Law <br> Email: janetlaw01@cox.net <br> Phone: (757) 482-5140 <br> - Officials at all positions will be required for this meet. <br> - Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Jeff Kauffman, Email: Jeffreykauffman@msn.com, or Phone: (757) 407-1301, not later than December 6, 2014. <br> - Officials meeting will be one hour prior to the start of the meet. |
| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |
| GENERAL: | - NO SMOKING on the pool deck or in the spectator gallery. <br> - Each Team is encouraged to ensure the good conduct of swimmers in all areas of the building, including but not limited to locker rooms and hallways. |

- NO GLASS containers are permitted in or around the pool area.

Old Dominion Aquatic Club
8-Under Super Circuit Series Holiday Day Meet December 6, 2014
Sanction Number VS-

## Saturday morning - December 6, 2014

Event \#
Event
Event \#

1
6-under 25 Meter Freestyle ..... 2
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17
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23
25
27
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31
33
7 and 8 year old 25 Meter Freestyle ..... 4
6-under 25 Meter Backstroke ..... 6
7 and 8 year old 25 Meter Backstroke ..... 8
6-under 50 Meter Freestyle ..... 10
7 and 8 year old 50 Meter Freestyle ..... 12
6-under 50 Meter Backstroke ..... 14
7 and 8 year old 50 Meter Backstroke ..... 16
8 and under 100 Free Relay ..... 18
6 -under 25 Meter Butterfly ..... 20
7 and 8 year old 25 Meter Butterfly ..... 22
7 and 8 year old 50 Meter Butterfly ..... 24
6 -under 25 Meter Breaststroke ..... 26
7 and 8 year old 25 Meter Breaststroke ..... 28
7 and 8 year old 50 Meter Breaststroke ..... 30
6 -under 100 Meter IM ..... 32
7 and 8 year old 100 Meter IM ..... 34

